# The Ultimate Guide to Knitting a Premature Baby Hat and Booties Set

As a new parent, one of the most rewarding things you can do is make something special for your little one. If you're a knitter, then knitting a premature baby hat and booties set is a great way to show your love and care.



#### Knitting Pattern: Premature Baby Hat and Booties Set

by Poornima Manco

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In this guide, we'll walk you through everything you need to know about knitting a premature baby hat and booties set, from choosing the right yarn and needles to following step-by-step instructions.

### **Choosing the Right Yarn**

When choosing yarn for a premature baby hat and booties set, it's important to select a soft, gentle yarn that won't irritate your baby's delicate skin. Some good options include:

- Merino wool: Merino wool is a soft, warm, and breathable fiber that's perfect for baby knits. It's also hypoallergenic, making it a good choice for babies with sensitive skin.
- Cashmere: Cashmere is a luxurious fiber that's even softer and warmer than merino wool. It's also very lightweight, making it a good choice for premature babies who need to conserve body heat.
- Cotton: Cotton is a breathable, absorbent fiber that's a good choice for summer knits. It's not as warm as wool or cashmere, but it's still soft and comfortable against baby's skin.

#### **Choosing the Right Needles**

The size of needles you use will depend on the weight of the yarn you've chosen. For most baby knits, you'll want to use needles that are size 2-4 US (2.75-3.5mm). These needles are small enough to create a tight, even stitch, but they're not so small that they're difficult to work with.

### Knitting the Hat

To knit the hat, you'll start by casting on 60 stitches. Then, you'll knit in garter stitch (knit every row) until the hat measures about 5 inches tall. Next, you'll decrease the number of stitches on each row until you have only 10 stitches left. Finally, you'll cut the yarn and pull it through the remaining stitches to close the hat.

#### **Knitting the Booties**

To knit the booties, you'll start by casting on 30 stitches. Then, you'll knit in garter stitch until the bootie measures about 3 inches long. Next, you'll divide the stitches into three sections and knit the heel flap. Then, you'll

pick up the stitches around the heel flap and knit the bootie foot. Finally, you'll decrease the number of stitches on each row until you have only 10 stitches left. Then, you'll cut the yarn and pull it through the remaining stitches to close the bootie.

### Finishing the Set

Once you've knitted the hat and booties, you can finish the set by adding embellishments such as pom-poms, ribbons, or buttons. You can also personalize the set by embroidering the baby's name or initials on the hat or booties.

Knitting a premature baby hat and booties set is a rewarding and meaningful project. By following the instructions in this guide, you can create a beautiful and practical gift that your baby will cherish for years to come.



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